

## Courageous Conversations: When the Going Gets Tough, The Tough Get Talking



### VIRTUAL TRAINING

#### WHEN

April 2, 2026  
10:00 AM – 12:00 PM

#### PROGRAM FEE

MHEI Member: \$99

Non-Member: \$199

#### REGISTER

To register, please visit [MHEI.org](http://MHEI.org). After you register, you will receive the virtual training log-in instructions including meeting ID and password information.

Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239  
[kyost@mhei.org](mailto:kyost@mhei.org)

**REGISTER NOW**

### Program Overview

Being able to have effective conversations in our organizations improves relationships and creates accountability. This interactive workshop is MHEI's #1 requested program and teaches skills for creating alignment and agreement by fostering open dialogue around high stakes, emotional, or risky topics – at all levels of your organization.

### Program Objectives

1. Identify when a conversation becomes crucial
2. Recognize the seven courageous conversations in health care
3. Analyze the five steps in courageous conversations
4. Practice having courageous conversations

### About the Speaker

**KATRINA COLEMAN, BSN, MSN**

**Leadership and Engagement Strategist**

Over the past 25+ years, Katrina has consulted and coached hundreds of managers in developing and implementing key skills to create focus on achieving goals and easing their busy schedules. Katrina is a master's prepared nurse and an ATD-Certified Coach.