

# Psychological Safety

## VIRTUAL TRAINING

### WHEN

*September 12, 2024 10:00AM – 11:30AM*

### PROGRAM FEE

*MHEI Member: \$199*

*Non-Member: \$399*

### REGISTER

*To register, please visit [MHEI.org](https://mhei.org).*

*Questions? Contact Kelly Yost, Manager of  
Programs & Membership: 410.796.6239  
[kyost@mhei.org](mailto:kyost@mhei.org)*

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This educational activity is jointly provided by AXIS Medical Education and MHEI.

## Program Overview

Research has shown that psychological safety has a positive impact on creating a thriving workforce, increasing employee engagement and retention. Psychological safety is defined as the experience of feeling included, safe to learn, safe to contribute, and safe to speak up and report concerns without fear of judgement, dismissal, humiliation, or retaliation. When healthcare workers feel seen, heard, respected, valued, and safe in the workplace, it not only improves their productivity, but it also improves the quality of their patient interactions and quality of care.

In this ninety-minute learning session, Dr. Clairborne defines psychological safety, its components, what threatens and destroys it, and lays out the path, tools, and strategy for how leaders can begin to create psychologically safe cultures that help their leaders and healthcare providers thrive.

## Program Objectives

- Define psychological safety and how it's relevant to building and sustaining a thriving workforce
- Identify the ways that toxic psychological culture harms well-being and contributes to physician and provider burnout.
- Recognize the things that threaten and destroy as well as create and enhance psychological safety.
- Identify a more trauma informed approach to creating a safety culture amongst healthcare organizations and teams.

## About the Speaker

**Dr. Maiysha Clairborne** is a Physician Advisor and Consultant and subject matter expert in Trauma Responsive Communication. The founder of the Mind Re-Mapping Co., she assists organizations in cultivating trust, safety, and a thriving workforce. Informed by neuroscience and emotional intelligence, Dr. Clairborne helps leaders create "safety culture" so that colleagues and employees feel seen, heard, respected, and valued. Dr. Clairborne's unique expertise is bridging the gap between knowing and doing, teaching her clients the tools to expand emotional intelligence, conscious communication & thought habits, so that they mitigate harm, become responsible for the impact of their words & behaviors, and create meaningful interactions in the workplace. A graduate of Emory University, Dr. Maiysha completed her MD at Morehouse School of Medicine,

and her Family Medicine Residency at Florida Hospital. In addition to speaking at TEDx Asheville in 2022, she is the author of the Wellness Blueprint, the co-author of Conscious Anti-Racism, and the host of the Behind Beliefs & Behaviors Podcast.

## Target Audience

- Hospital Executive and Clinical Leaders
- Physicians, Nurses, Advanced Practice Providers
- Health Equity and DEI Officers

## Accredited Continuing Education



In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and MHEI. AXIS Medical Education is jointly accredited by the Accreditation

Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for 1.5 contact hours. Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.

## AXIS Contact Information

For information about the accreditation of this program please contact AXIS at 954-281-7524 or [info@axismeded.org](mailto:info@axismeded.org).

## Disclosure of Relevant Financial Relationships

AXIS Medical Education requires faculty, instructors, authors, planners, directors, managers, peer reviewers, and other individuals who are in a position to control the content of this activity to disclose all personal financial relationships they may have in the past 24 months with ineligible companies. An ineligible entity is any organization whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. All relevant financial relationships are

identified and mitigated prior to initiation of the planning phase for an activity.

AXIS has mitigated and disclosed to learners all relevant financial relationships disclosed by staff, planners, faculty/authors, peer reviewers, or others in control of content for this activity. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation or activity. Disclosure information for faculty, authors, course directors, planners, peer reviewers, and/or relevant staff is provided with this activity.

The faculty, **Dr. Maiysha Clairborne** reported no relevant financial relationships or relationships she has with ineligible companies of any amount during the past 24 months.

The **directors, planners, managers, peer reviewers, and relevant staff** reported the following financial relationships they have with any ineligible company of any amount during the past 24 months:

Name of Planner/Manager/Reviewer/Staff Reported Financial Relationship

Kelly Yost Nothing to Disclose

Dee Morgillo, MEd, CHCP Nothing to Disclose

Holly M. Hampe, D.Sc., RN, MHA, MRM Nothing to Disclose

## Disclaimer

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own

professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

## Americans with Disabilities Act

In compliance with the Americans with Disabilities Act, we will make every reasonable effort to accommodate your request. For any special requests, please contact MHEI at 410-796-6239.

## Requirements for Credit:

- Attend/participate in the educational activity and review all course materials.
- Complete the CE Declaration form online by 11:59 pm ET October 12, 2024. Instructions will be provided. If you do

not enter the online portal by the above date, you will not be able to retrieve your statement of participation.

- Upon successful completion of the online form, your statement of completion will be presented to you to print.