

# Coaching Essentials

## VIRTUAL TRAINING

### WHEN

*April 14, 2022 10:00 AM – 12:00 PM*

### PROGRAM FEE

*MHEI Member: \$199*

*Non-Member: \$399*

### REGISTER

*To register, please visit [MHEI.org](http://MHEI.org). After you register, you will receive the virtual training log-in instructions including meeting ID and password information.*

*Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239  
[kyost@mhei.org](mailto:kyost@mhei.org)*

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## Program Overview

Coaching is a key component of talent development efforts to guide others to improve performance. A leader's ability to develop staff and maximize their growth strengthens units, departments and organizations. This workshop identifies the role and responsibilities of a coach, essential coaching competencies, and provides tools, strategies and real-world practice to enhance a leader's coaching skills in order to lead through change and achieve results.

## Program Objectives

1. Describe the role and responsibilities of a coach
2. Identify essential coaching competencies
3. Differentiate between coaching and corrective action
4. Examine dialogue tools to facilitate coaching conversations
5. Develop criteria for an effective coaching plan and process
6. Identify strategies to hold coaches accountable for actions
7. Practice coaching conversations

## About the Speaker

Lyndley O'Dell, MS, PHR, SHRM-CP is a healthcare human resources professional with over 10 years' experience in various aspects of HR including talent acquisition, onboarding, employee engagement, employee relations, performance management and organizational development. In addition to holding two HR certifications, Lyndley is also certified through ATD's Improving Human Performance program. Lyndley is passionate about building

collaborative relationships and offering customized strategies to help leaders and staff achieve results.