

How to Recognize and Respond to Microaggressions

VIRTUAL TRAINING

WHEN

Wednesday, May 12, 2021
10:00 am – 11:30 am

PROGRAM FEE

Complimentary for
MHA & MHEI Members

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Register at [MHEI.org](https://mhei.org) to receive the virtual training login instructions, meeting ID, and password.

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ADDRESSING STRUCTURAL RACISM SERIES
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Maryland
Hospital Association



PROGRAM OVERVIEW

Microaggressions are subtle yet denigrating behaviors or messages you communicate and experience – with colleagues and patients. During this program, we discuss what microaggressions are, intent vs. impact, and typical reactions. We explore different ways to respond to microaggressions. Participants receive tools to help colleagues and other team members recognize, respond, and combat microaggressions.

PROGRAM OBJECTIVES

By the completion of this program the participant will be able to:

1. Define microaggressions.
2. Explain common types of microaggressions.
3. Analyze personal experiences with microaggressions.
4. Practice different responses to microaggressions.

ABOUT THE SPEAKER

Erika McMullen, MA Ed & HD, SHRM-SCP is founder of Moxie Consulting Group. Her passion is empowering people to create diverse, inclusive and high performing teams. She draws upon her 20 years of experience at the nation's leading healthcare organizations to provide innovative solutions.



Human Resource Management Senior Certified Professional (SHRM-SCP) and a Certified Master DISC Behavioral Analyst. She holds a Master of Arts in Education and Human Development from The George Washington University in Organizational Leadership and Learning. In addition to graduating from Florida International University with a bachelor's degree in Health Services Administration, Erika earned a Post-Baccalaureate Clinical Research Certificate from the University of Cincinnati.