

Emotional Intelligence

VIRTUAL TRAINING

WHEN

October 7, 2021 10:00 AM – 12:00 PM

PROGRAM FEE

FREE for all MHEI Members

Non-Member: \$399

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To register, please visit MHEI.org. After you register, you will receive the virtual training log-in instructions including meeting ID and password information.

*Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239
kyost@mhei.org*

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Program Overview

Leadership is relationship and

great leadership works through emotions. Research connecting higher levels of emotional intelligence to effective leadership supports the need for personal growth in increasing one's self-awareness, self-management, social awareness and relationship management. This interactive virtual session explores Daniel Goleman's work in emotional intelligence and the powerful role of emotions in the workplace.

By the end of this session, participants will define the components of emotional intelligence and identify strategies that set the best leaders apart from the rest – not just in tangibles such as better results but also in the all important intangibles, such as building relationships, motivation, engagement and commitment to achieve high quality, safe patient care.

Program Objectives

1. Describe the role emotions play in leading others
2. Recognize the core components of Emotional Intelligence
3. Identify at least two strategies to strengthen your Emotional Intelligence

About the Speaker

Lyndley O'Dell, MS, PHR, SHRM-CP is a healthcare human resources professional with over 10 years' experience in various aspects of HR including talent acquisition, onboarding, employee engagement, employee relations, performance management and organizational development. In addition to holding two HR certifications, Lyndley is also certified through ATD's Improving Human Performance program. Lyndley is passionate about building collaborative relationships and offering customized strategies to help leaders and staff achieve results.