

# Making Work Meaningful - Empowering Yourself & Others



## VIRTUAL TRAINING

### WHEN

March 4, 2021 10:00 AM – 12:00 PM

### PROGRAM FEE

MHEI Member: \$129

Non-Member: \$399

### REGISTER

To register, please visit [MHEI.org](http://MHEI.org). After you register, you will receive the virtual training log-in instructions including meeting ID and password information.

Questions? Contact Kelly Yost, Manager of Programs & Membership: 410.796.6239  
[kyost@mhei.org](mailto:kyost@mhei.org)

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## Program Overview

Different authors have different definitions of empowerment; however, evidence-based research has identified five major tenets of psychological empowerment. As a manager and leader you want to feel the effects of your own empowerment as well as to be able to empower your own staff. Fortunately, people CAN improve their own ability to be “empowered” as well as help others to feel empowered too. Empowerment leads to increased staff Engagement, Reduced Turnover and Better Results.

## Program Objectives

- o Identify the 5 tenets of Empowerment
- o Recognize the empowerment concept as evidence-based
- o Identify management actions that lead to empowering staff
- o Identify self-empowerment activities

## About the Speaker

Mark Rulle, Ed.D., is currently the president of the Maryland Healthcare Education Institute. In this role, he has developed and overseen the development of multiple programs and services designed to assist member organizations in improving their operations through excellent leadership. Prior to this position Mark was a leader in health care education having worked in hospitals developing and implementing education and organizational change programs as well as processes designed to improve all aspects of health care including delivery of services, and employee and organizational culture.