

# Compassion Tribe

FOR HEALTHCARE  
WORKERS MANAGING  
COVID-19

## May Forum Schedule & New Video Series

### Purpose

#### Virtual support & comradery

for healthcare workers coping with the COVID-19 crisis

- A community offering encouragement, tips, resources, and tools for resiliency and leading through crisis
- A safe space to talk through fears and frustrations to provide strengthened ability to cope
- Topic specific forums to address key issues faced by caregivers
- A library of just in time learning bites addressing urgent needs

### Video Library

#### Library

Supporting Your Staff in Crisis  
Leadership Visibility  
Avoiding Blame  
Difficult Patient and Family Conversations  
Daily Habits and Rituals  
Burnout and Stress  
Leadership Awareness During Crisis  
Managing Stress During Crisis through Resiliency  
Communication for Trust

Civility in Crisis  
Courageous Conversations  
Managing Patient Perceptions  
Leading through Change  
Humble Nimbleness  
Patient-Centered Communication  
CARES Behaviors for COVID-19  
Recognition and Appreciation  
Surviving and Thriving in Crisis  
Coping Strategies

### Forums

#### May 2020 Topic Schedule— All Forums are 2p EST

May 1 | Patient Experience

May 19 | Endurance & Grit

May 5 | Leading through Change

May 22 | Teamwork in New Reality

May 8 | Managing Anxiety

May 26 | Communicating Up

May 12 | Healthcare Heroes

May 29 | Managing Conflict

May 15 | Long Term Care

**Join The Tribe!** — Please Register at

[WWW.COMPASSIONTRIBE.ORG](http://WWW.COMPASSIONTRIBE.ORG)

#COMPASSIONTRIBE

**mhei**  
Lead. Educate. Inform.

HEALTHCARE  
EXPERIENCE  
FOUNDATION