

overview

As a health care leader, your biggest asset is the team you work alongside to attain the strategic-level goals designed for long-term success of your organization. And at times, we know how easy it is to get caught up in day-to-day responsibilities, making it difficult to focus on your long-term goals. ***That's where we come in.***

At *MHEI Connect*, our focus is helping you and your team work toward achieving your organizational goals in the convenience of your workplace. No need to dedicate time and money toward travel to and from conferences located miles away. Our expert coaches come to your office, and work directly with you and your team, to present tailored programs, team-building interventions and individualized coaching sessions that are sure to jumpstart your plan for success through the engagement of every member of your team.



popular sessions

MHEI Connect offers the following popular sessions among others, and is always happy to develop customized sessions to best meet the needs of your team. For a full list of sessions offered, please visit www.mhei.org/mheiconnect.

courageous conversations

When people have the opportunity to discuss workplace issues, it can have a positive impact, including creating greater efficiency, improved working relationships, and increased employee satisfaction. This workshop teaches skills for fostering open dialogue around high-stakes, emotional and risky topics.

driving results: staff engagement

When clinical and non-clinical staff feel discouraged, disempowered and disengaged they perform at a sub-optimal level. This workshop focuses on evidence-based leadership strategies designed to increase employee engagement and ultimately the patient experience.

leveraging change

How a leader promotes and handles change can impact not only the success of an organizational challenge, but the level of confidence and trust in leaders of that organization. This workshop focuses on helping leaders plan and implement change effectively by providing both a roadmap and tools for leading successfully.

rolling out resiliency: quick tools for reigniting your team

Resiliency is a critical skill for health care staff, clinical and non-clinical alike, to develop and use. *MHEI Connect* customizes this program, using the research of Dr. Bryan Sexton of Duke University, to meet your organization's specific challenges and strengthen your team's ability to cope individually and collectively. This results in increased morale, teamwork, and overall engagement within your department and organization.

proven success

"MHEI has been invaluable to the GBMC HealthCare System because of their ability to meet our educational needs in leadership development. They customize their programs as per our requirements and they have always delighted our participants with a nice mix of content, reflection and humor!"

John B. Chessare MD, MPH | President and CEO | GBMC HealthCare System

"Suburban Hospital has partnered with MHEI over the years to support the development of our leaders and staff through a variety of educational collaborations. Katrina Coleman, in particular, has become a valued member of the team, working closely with us to develop agendas and curriculums that incorporate the most current and effective evidence-based leadership skills to support the achievement of our organization's strategic priorities. We value our relationship with MHEI, and look forward to continuing to work together closely to develop the very best health care leaders."

Brian Ebbitt | Senior Director of Administration | Johns Hopkins Suburban Hospital

"I am indebted to [the MHEI Connect staff] for your terrific presentations, your patience with the many buildings and units and of course that wonderful energy and dedication you have for making the hospitals in Maryland better places for the citizens to receive services. Many Thanks."

Paula Langmead | President/CEO | Springfield Hospital Center

meet our experts

Mark S. Rulle, EdD, President



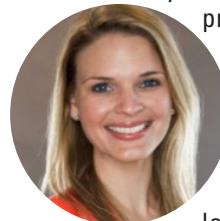
Mark has worked in the health care industry since 1980 developing leaders and improving organizations. His doctoral research focused on employee empowerment and Mark has spent his career assisting others in becoming better at engaging others, being accountable and holding others to that same standard, and achieving results. In his role as President of MHEI, Mark is committed to assisting others in achieving their goals. mrulle@mhei.org

Katrina Coleman, MSN, RN, Director of Leadership and Engagement



Katrina has been in the health care industry for 20 years during which she has consulted and coached with hundreds of managers assisting them in developing and implementing skills to help them achieve their goal of running a productive and quality-driven department/unit. As a master's prepared nurse and, with many years of hospital experience behind her, Katrina understands the needs of managers as well as the environment in which they operate. Katrina's goal is to assist others in using their own talents to create quality outcomes. Katrina is also a ATD-Certified Coach. kcoleman@mhei.org

Lyndley O'Dell, MS, PHR, SHRM-CP, Program Consultant



Lyndley is a health care human resources (HR) professional with experience in various aspects of HR including talent acquisition, onboarding, employee engagement, employee relations, performance management and organizational development. In addition to building collaborative relationships and guiding leaders through challenging situations, Lyndley has specific experience managing and supporting an HR team. Lyndley's enthusiasm provides others with the energy and motivation to learn and put their skills into action. lodell@mhei.org